

34<sup>th</sup> CATOCTIN MOUNTAIN WEEKEND -- WORKSHOP DESCRIPTIONS

<b>Saturday</b>		
7:00 am	Mess Hall	<b>Morning Waltz Band with Neil Epstein:</b> play (or dance!) a waltz or three before breakfast and start your day off right.
9:30 am	Mess Hall	<b>International Folk Dancing with Elisabeth Epstein:</b> Circle dances from Romania, Israel, Russia and other far-away lands. All welcome, though the youngest kids will need an adult's help.
	Craft Corner	<b>Kid Craft with Mira Green:</b> Tote Bag Art! Come decorate a tote bag with fabric markers and stencils. All ages (littles need adult or bigger buddy help).
11:00 am	Mess Hall	<b>English Country Dancing with Mike Franch:</b> The emphasis in this workshop will be on dances that are graceful, interesting, rollicking, but mostly fun. Suitable for adults and for children who can follow directions.
	Lodge 32	<b>Bubble Party with Elisabeth Epstein and Geoff Suiter:</b> Learn to make bubble wands (yours to keep) and celebrate by blowing lots of bubbles. For everyone who loves bubbles (big buddies needed to help little ones make bubble wands)
1:00 pm	On the Steps	<b>Annual Kids' Photo:</b> Be part of this Catoctin tradition! Meet on the steps outside the Mess Hall.
1:30 pm	Outside the Mess Hall	<b>Change Chiming with Marie McCarren:</b> Learn the change ringing pattern "Plain Hunt" on aluminum conduit. Requires intense focus. Ages 12 and up.
	At the Slab	<b>Sword Dance with Mike Franch:</b> Sword dancing is done with wooden "swords" by teams of 5-8 dancers, who hold hilt of their own sword in their right hand and the point of their neighbor's sword in their left. Thus linked, they dance various patterns, going over and under their neighbor's sword, culminating in the interlocking of the swords to make a star. Suitable for adults and for children who can follow directions.
2:45p	Mess Hall	<b>Basket Weaving with Tina Driskell:</b> Ages 10 + up. Learn to make a simple basket out of wisteria. No experience needed, but enthusiasm is most appreciated. Space is limited to ten students, but others are welcome to watch.
	Lodge 32	<b>Beginning Autoharp with Ellice Brahms:</b> how to hold the Autoharp in order to get the best sound from the instrument, how to strum correctly using different strumming patterns & how to melody pick the notes out of a tune from printed Autoharp music. Teens and up.

<b>Saturday, continued</b>		
4:15 pm	Mess Hall	<b>Dance Band Jam with Neil Epstein:</b> Let's bring the band together to play tunes from Ruffwater, Barnes, and elsewhere... And then we can play them again at this evening's dance! I'll bring some copies of dance tunes, but feel free to bring your own and share your favorites with us.
	On the Rocks	<b>Rounds with Amy, Laura and Joey:</b> Come sing with us! We will teach and sing several rounds, including Apples and Cherries, This Glorious Food, Squash the Chickens, and more. All are welcome.
5:15 pm	Outside the Mess Hall	<b>Camp Gathering:</b> Everyone meet outside the Mess Hall, and let's share a bit with each other – a song, a short story, a funny skit, a poem ... see Elisabeth if you have a great idea.
<b>Sunday</b>		
7:00 am	Mess Hall	<b>Morning Waltz Band with Neil Epstein</b>
9:00	On the Rocks	<b>Song Circle with Barbara Cates:</b> Let's rise up and sing together to carry us into the rest of the week. Bring, teach or lead a song, or just join in the singing. We'll sing songs we know, songs with great choruses, and have a few song books, too -- so it's easy for everyone to join in.
10:00	Outside the Mess Hall	<b>Kid Jam and Play time!</b> Kids, bring out your instruments (we'll have a few to share) and strike up a tune for the adult volunteers to groove to while....
	In your cabin	... adults clear out cabins and leave them how you found them (or better). Let's be wrapped up by 11a and then go help load the truck!